

# USER MANUAL



## P90B

**ROTATING MESSAGE FASCIA GUN**

### ROTATIONAL MUSCLE MASSAGE STIMULATION

※ Please read this manual carefully before using it

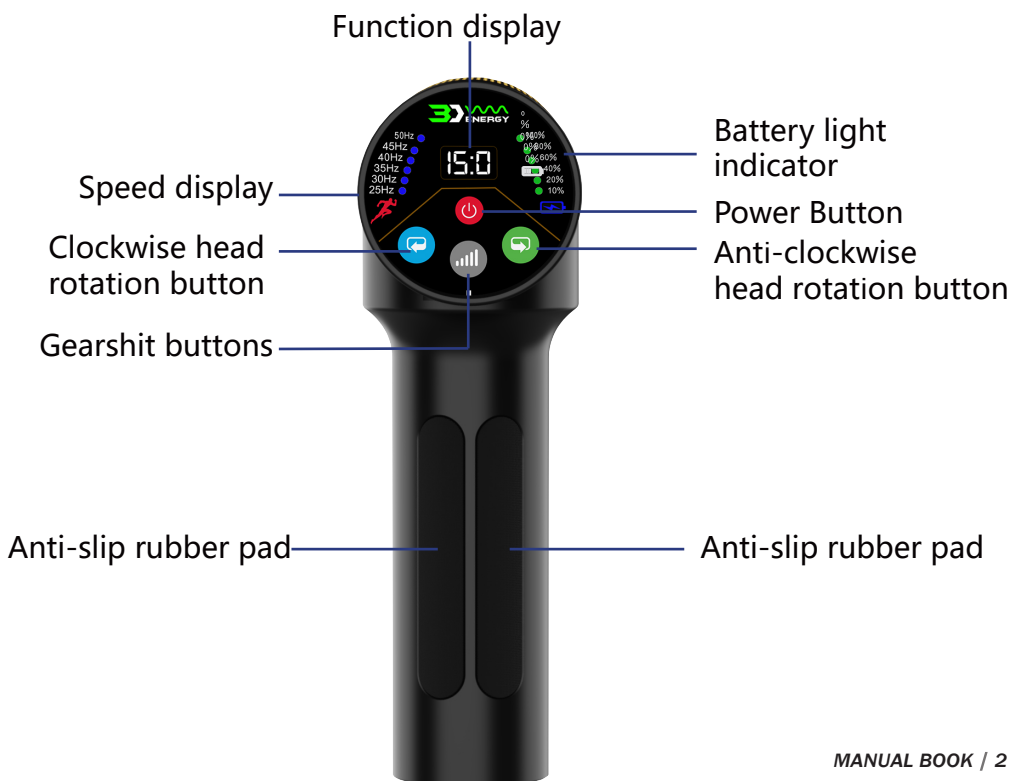
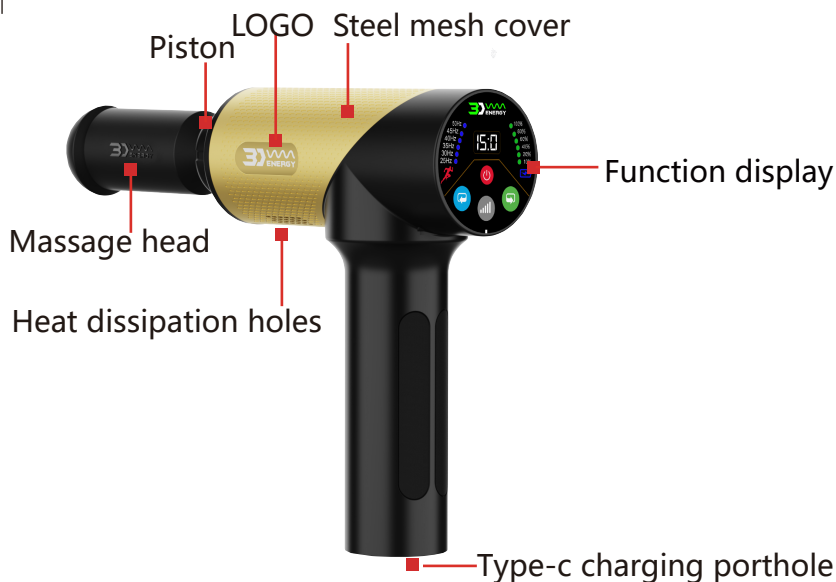


## ■ PRECAUTIONS

To reduce the risk of electric shock, fire and personal injury, this product must be used in accordance with the following instructions:

- Do not use this product while charging.
- Children under 10 years old and elderly people over 60 years old should only use this product under qualified supervision.
- People with cognitive impairment should only use this product under qualified supervision.
- If there is no pain or discomfort, use this product only on the muscular soft tissues of the body.
- The airbag tip should only be used on the head or any bony parts of the body by a qualified trained professional. (The other tips are not suitable for these uses)
- Select the massage head with the most appropriate impact for different treatment effect.
- Excessive or sustained downward pressure may cause bruises. Check the massage area frequently, and stop using it as soon as there are signs of increased pain or excess redness.
- Avoid touching hair of the body with the joint between the massage gun head and body to avoid pinching or pulling.
- The use of this product is restricted under the following circumstances:
  1. Bleeding, fragile or broken skin on body parts to be treated.
  2. Tumors or visible abnormalities in location to be treated.
  3. Medical history of heart disease, or have a pacemaker or defibrillator inside body.
  4. Person with bleeding disorder, blood thinning medication or who bruises easily.
  5. If have undergone joint surgery or surgery on other parts of the human body within 90 days, the product should not be used on the body within 3 inches of the surgical site.
  6. Pregnant women in any body areas which could impact the fetus.
  7. The head, face, cervical spine, spine vertebrae, and heart areas should not be treated without professional qualification to do so.
  8. High-voltage environments.

# PRODUCT



## ● PARAMETER LIST

| Model    | N. W.    | Time Setting                                                                                                                        | Level | Depth | Battery Capacity | Voltage | Charging Current | Power  | Rated Speed |
|----------|----------|-------------------------------------------------------------------------------------------------------------------------------------|-------|-------|------------------|---------|------------------|--------|-------------|
| P 90C    | 0.78 K G | 15min                                                                                                                               | 6     | 10mm  | 2500 mA          | DC16.8V | DC5V /2A         | 35-70W | 3200 RPM    |
| Function |          | 1. 6 levels of physical massage<br>2. 3-speed massage head rotation function<br>3. massage speeds displayed<br>4. Battery displayed |       |       |                  |         |                  |        |             |

This product is equipped with 6-speed impulse settings, plus 3-speed clockwise and anti-clockwise rotation settings for the additional rotating massage head.

It can relax and massage human muscles, relieve muscle soreness and promote blood circulation.

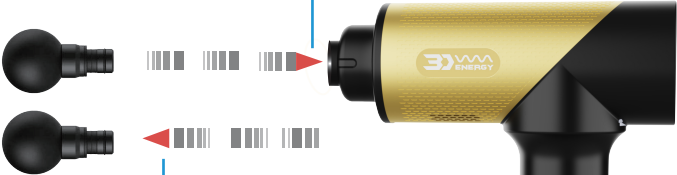
| Massage level | Level 1                | Level2-3                | Level4-5                       | Level6                               |
|---------------|------------------------|-------------------------|--------------------------------|--------------------------------------|
| Hz            | 25Hz                   | 30-35Hz                 | 40-45Hz                        | 50Hz                                 |
| Project       | Recovery               | Aerobic Exercise Relief | Recovery after weight training | Lactic acid on professional athletes |
| Goal          | Activate muscle energy | Relax tense muscles     | Relieve fatigue, muscle aches  | Professional sports and training     |

**● Operation Instructions**

| Press the button.                                                                | Name                                | Function                                                                                                                                                                                                               |
|----------------------------------------------------------------------------------|-------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | Power Button                        | Press and hold the button for 3sec to turn on or off power,and then one short press of button to start impulses or to pause                                                                                            |
|  | Gearshift buttons                   | Short press this key to select the speed gears L1-L2-L3-L4-L5-L6; you can cycle through the options.                                                                                                                   |
|  | Clockwise head rotation button      | Press this key, the massage head will rotate in the clockwise direction. You can select the speed from L1 to L3. * Only to be used when rotating massage head installed – Do not use with standard massage heads.      |
|  | Anti-clockwise head rotation button | Press this key, the massage head will rotate in the anti-clockwise direction. You can select the speed from L1 to L3. * Only to be used when rotating massage head installed – Do not use with standard massage heads. |
|  | Speed indication                    | 25Hz-30Hz-35Hz-40Hz-45Hz-50Hz                                                                                                                                                                                          |
|  | Battery percentage indicator        | 10%-20%-40%-60%-80%-100%                                                                                                                                                                                               |

**■ INSTALLATION METHOD OF THE MASSAGE HEAD**

Assemble the massage head into the piston as the direction of the arrow



When changing the massage head, remove the massage head as the direction of the arrow



EVA Head

Pin-shaped head

U-shaped head

## ■ INSTALLATION METHOD OF THE ROTATING MESSAGE HEAD



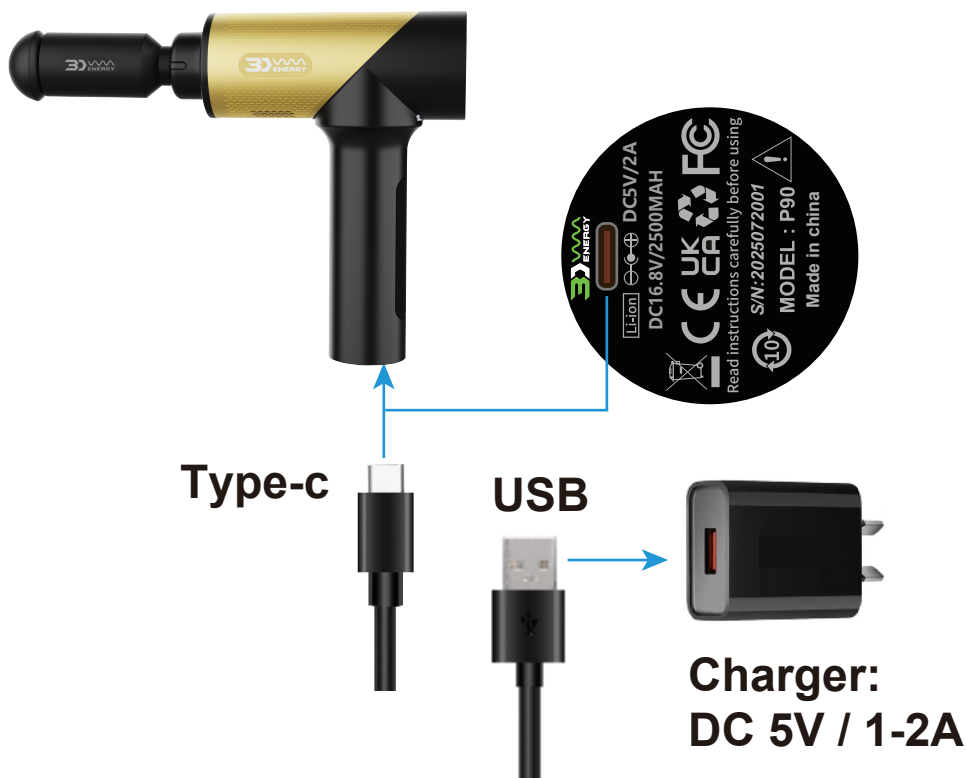
Follow the arrow direction and rotate clockwise to insert it, then you can install the massage head.



Rotate the massage head counter clockwise along the arrow direction to disassemble it.

## ■ DEVICE CHARGING INSTRUCTIONS

When charging this device, please use the professional Type-C charging cable and charger provided with this equipment. The charger's output voltage is DC5V/1-2A. It is strictly prohibited to use non-standard chargers and charging cables.



## ■ MAINTENANCE

*Do not immerse in water, please stay away from liquids or heat sources, and do not let water, dust and debris enter the ventilation holes of the "product".*

*Do not drop or use the "product" improperly. Do not remove the screws or attempt to disassemble, and do not change or modify the "product" in any way.*

*Do not operate continuously for more than 1 hour, and let the equipment rest for 30 minutes before reusing it.*

*When using the charger to charge, carefully check the device and battery before using.*

*Please unplug the charger from the device after charging or before massaging.*

*Do not allow the product operating or charging unattended*

### WARRANTY CARD

NAME: \_\_\_\_\_

NUMBER: \_\_\_\_\_

MODEL: \_\_\_\_\_

DATE: \_\_\_\_ Y \_\_\_\_ M \_\_\_\_ D

| Date | Repair Item | Maintenance Staff | Remark |
|------|-------------|-------------------|--------|
|      |             |                   |        |
|      |             |                   |        |
|      |             |                   |        |
|      |             |                   |        |
|      |             |                   |        |

### Warranty:

- 1 Within three months from the date of purchase, if there is a error, the product and the outer packaging must be free of scratches, and can be changed. Only change the product of the same model, and does not include man-made damage.
2. The product is guaranteed for one year from the date of purchase, accessories are not covered by the warranty.
3. The warranty is valid only under normal use.
4. All appearance damages such as man-made damage, self-dismantling, unsealing labels, improper use, etc., are not covered by the warranty. This card must be provided for maintenance. If this card is not provided or rewrite the card without authorization, the company has the right not to do the warranty maintenance.

**※ Upgrade of the product will not be notified separately, and the right of interpretation belongs to our company!**

